Lockdown extended

The number of new positive cases is falling, but new variants of coronavirus are gaining ground. This is cause for concern because these new variants are more infectious and can cause a new wave of infections. That is why the lockdown has been extended.

### Curfew
- Do not go outdoors between 21.00 and 4.30. For more information see government.nl/curfew.

### Meeting people
- Receive no more than 1 visitor to your home per day (excluding children under 13).
- Visit no more than 1 other household per day.
- Outdoors: no more than 2 people or 1 household in a group.

### Venues normally open to the public
- Museums, cinemas, libraries and other venues remain closed.

### Food and drink / events
- All establishments serving food and drink remain closed, takeaway meals may be ordered from restaurants, and events are banned.

### Groceries and shopping
- Non-essential shops are closed. Click and collect allowed as of 10 Febr.
- Establishments including supermarkets, chemists, greengrocers and petrol stations may remain open.
- Ban on alcohol after 20.00.

### Contact-based industries
- People working in non-medical contact-based industries, including hairdressers, tattooists, beauticians and masseurs cannot perform their work.

### Sports
- No more than 2 people, staying 1.5 metres apart at all times. This does not apply to children under 18 and elite athletes.
- All indoor sports venues are closed.
- No competitions or group lessons. This does not apply to elite athletes.

### Travel and transportation
- Stay home as much as possible.
- Public transport for essential travel only.
- Do not travel abroad or book trips abroad in the period up to and including 31 March.

### Education and childcare
- Primary schools and daycare will reopen on 8 February.
- Remote teaching in secondary, secondary vocational and higher education and for all other forms of training and educational activities. Exemptions include exams, practical lessons and education for vulnerable pupils.

### COVID-19 symptoms?
- Work from home, unless this is not possible.
- Keep 1.5 metres away from others.
- If a place is busy, leave.
- Wash your hands often.
- Cough and sneeze into your elbow.
- Wear a face mask where this is mandatory.

More information and exceptions: government.nl/coronavirus or call 0800 1351